CHICKEN TETRAZZINI

Ingredients

6 tbsp unsalted butter

1 tbsp olive oil

4 boneless, skinless chicken breast halves

2 ¼ tsp salt (plus more for pasta)

1 1/4 tsp freshly ground black pepper

1 lb white mushrooms, trimmed and sliced

1 lg onion, finely chopped

5 garlic cloves, minced

1 sbsp chopped fresh thyme

½ cup dry white wine

⅓ cup all-purpose flour

4 cups whole milk

1 cup reduced-sodium chicken broth

1 cup heavy cream

1/4 tsp ground nutmeg

12 oz dried linguine

34 cup frozen peas

 $\frac{1}{4}$ cup chopped fresh flat leaf parsley

1 cup freshly grated parmesan cheese ½ cup dried italian style bread crumbs

Directions

- 1. Preheat oven to 450 degrees.
- 2. Use 1 tbsp of butter to grease 12x9x2 inch baking dish
- 3. In a large, deep nonstick frying pan, melt 1 tbsp of butter and the oil over medium-high heat.
- 4. Sprinkle the chicken with ½ teaspoon each of salt and pepper. Add the chicken to the hot pan and cook until pale golden and just cooked through, about 5 minutes per side.
- 5. Transfer the chicken to a plate to cool slightly.
- 6. In a large bowl, coarsely shred the chicken into bite-size pieces
- Add mushrooms to the same frying pan. Sauté over medium-high heat until the liquid from the mushrooms evaporates and the mushrooms become pale golden (about 12 min).
- 8. Add 1 tbsp of butter when melted, add the onion, garlic, and thyme, and sauté until the onion is translucent (about 8 min)
- 9. Add the wine and simmer until it evaporates (about 2 min)

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Directions, cont.

- 10. Transfer the mushroom mixture to the bowl with chicken
- 11. Melt the remaining 3 tbsp of butter in the same pan over medium-low heat. Add the flour and whisk for 2 minutes. Whisk in the milk, broth, cream, nutmeg, remaining 1 ¾ tsp salt, and remaining ¾ tsp pepper. Increase heat to high. Cover the sauce and bring it to a boil, then simmer uncovered, whisking often, until the sauce thickens slightly (about 1 min)
- 12. Bring a large pot of salted water to a boil. Add the linguine and cook, stirring occasionally, until it is tender but still firm to the bite (about 9 min).
- 13. Drain pasta. Add the linguine, sauce, peas, and parsley to the chicken mixture. Toss until the sauce coats the pasta and the mixture is well blended.
- 14. Transfer the pasta mixture to the prepared baking dish
- 15. In a small bowl, stir the cheese and bread crumbs to blend. Sprinkle the cheese mixture over the casserole. Bake uncovered until golden brown on top and bubbly (about 25 min).