

GUACAMOLE MONTEREY

Ingredients

- 1 avocado
- 1 tomato, chopped fine
- 1/2 cup cottage or cream cheese
- 2 tablespoons chopped green onions
- 1 tablespoon lemon juice
- 1/2 teaspoon chopped chives
- 1/2 teaspoon salt
- Dash of black pepper
- Dash of Worcestershire sauce

Directions

1. In a medium bowl, mash avocado with lemon juice.
2. Add remaining ingredients and mix thoroughly.
Chill.
3. Serve on lettuce with a peeled, chilled tomato wedge, or use as a dunk mixture.

Serves 6