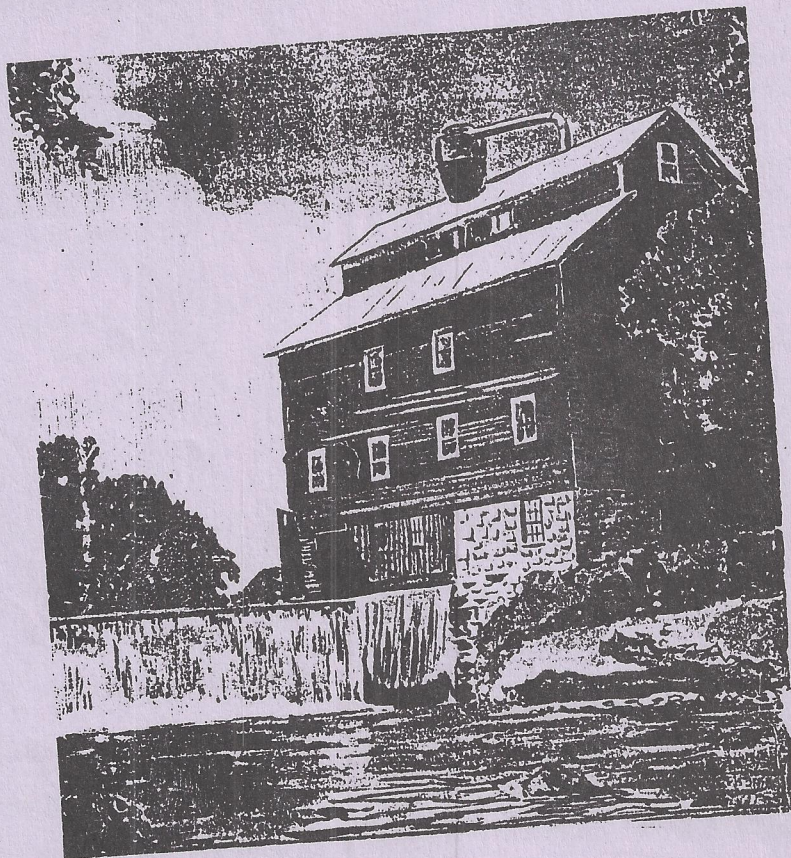


AUGUST 2005

FERTILE REMINDER



COMING EVENTS

Aug. 1	Fire Dept. Meeting	7 p.m.
Aug. 2	Senior Dinner	Noon
	City Council Meeting	7 p.m.
Aug. 4	FB& I Meeting	7 p.m.
Aug. 9	Garden Club	
Aug. 13 & 14	Fertile Days	
Aug. 15	Library Board Meeting	7 p.m.
Aug 16	Senior Dinner	Noon
Aug. 20	Boys & Girls 4-H	
Aug. 22	Recycle Day	

The Fertile City Council met 7:00 PM in regular session, July 5, 2005, at Fertile City Hall. Present were Mayor Joyce Russell, Council members Mellane Bang, Tad Miller, Gail Shropshire, Jeff Berg. Absent Paul Youngers. Miller moved, Shropshire 2nd to approve the June minutes with amendment. Brian Fairchild discussed an issue with the Fire Department and his membership. He was instructed to resolve the matter with the Fire Department. The Clerk provided estimate figures for the fiscal year end. City man Bruns reported the lagoon is plugging and he is gathering information to correct the problem. Bruns has identified two areas of the sewer needing replacement. The sewer mains will be flushed in August. A public notice will be posted. Some utility meters/remotes are failing. A request for more meter purchases was made, no action taken. The county has completed the work around the new driving bridge. The council expressed appreciation for the good work. The Mayor reported that someone is coming to bid on the abandoned cable equipment July 12. The City audit will begin July 14. After a lengthy discussion, Bang moved to purchase 7 new street lights for Main Street at a price of \$8,530.00 from Alliant Energy, Miller 2nd. Yes votes, Bang, Shropshire, Miller, Abstain, Berg. Bids will be requested for the cement work needed when installing the lights. A request was made to the city council to move the stop sign at Lake and Main to the correct position. Bruns will check out the location. Berg moved to approve expenditures, Miller 2nd. Passed. Meeting adjourned.

**FERTILE CELEBRATION
AUGUST 13 & AUGUST 14**

**SATURDAY PARADE 3 PM
BED RACES FOLLOWING
PARADE
BALL TOURNAMENTS
KIDS GAMES**

**SUNDAY BREAKFAST IN
THE PARK BY FIRE DEPT. 7 A.M.
COMMUNITY CHURCH
IN THE PARK 10 A.M.**

June Expenses	
Warren Bruns	1074.91
Dennis Ganz	53.19
Dave Low	301.49
Gloria Kirschbaum	269.26
Grant Russell	323.58
Ia Jetting	12223.49
WCTA	68.70
LGI	26.00
Farmers Co-op	40.00
Alliant	885.88
IPERS	226.61
1st State Bank	436.89
Sewer Debt	1474.00
Water Debt	1667.00
Post Office	83.00
Waste Management	1662.00
Work Comp Ins	2071.00
Yaggy Colby	200.68
Aquila	140.62
Thompson Garage	83.41
Brian Nettleton	420.00
Ia Jetting	430.00
USA Blue Book	63.71
Crescent Moon	120.00
Ia One Call	28.90
Hawkins	5.00
Post Office, box rent	36.00
Wright Materials	2000.00
Top of Iowa	28.13
Menards	21.94
NCSS	8.20
Total	26473.59



REVEUES	
Property Tax	822.17
Water/Sewer/Garbage	9629.73
Street Revenue	1350.93
Street Warrant	963.59
Local Option Tax	1590.97
Misc.	571.96
TOTAL	14929.35

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July 20, 2005

LIFE LINE SCREENING at First Lutheran Church in Northwood. Pre-registration is required. PLEASE CALL 800-324-1851. Life Line Screening provides stroke and carotid artery screening, abdominal aortic aneurysm screening and peripheral arterial disease screening. These screenings do have a charge please call for the fees.

July 21, 2005

Child Immunization Clinic at Worth County Public Health Office in Northwood from 1:00 p.m. – 5:00 p.m. No appointment is necessary. Children under 6 years of age may receive a free lead test at this time.

July 26, 2005

Child Immunization Clinic at Methodist Church, Northwood from 9:00 a.m. – 3:00 p.m. No appointment is necessary. Children under 6 years of age may receive a free lead test at this time.

At any time if you would like your blood pressure checked please stop into the Public Health Office for a FREE check.

If you have any questions, please call Worth County Public Health at (641) 324-1741 or (800) 765-1388.



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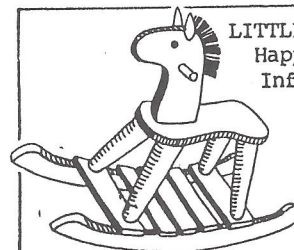
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10:15 – WORSHIP SERVICE.

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Phone Number: 641-797-2767
Worship: 9:30 A.M. Sunday School 10:35 A.M.
Interim Pastor: Clarence Baalson

Through Angel's Eyes

From a book written by George Kistner



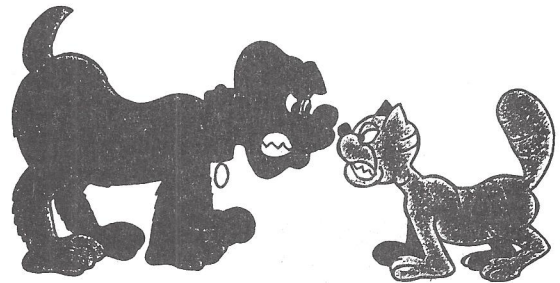
I'm not really an angel! In fact the total opposite is often true. I don't remember much about my real family because at about the age of 4 months I found myself dropped into a totally unfamiliar neighborhood. Fortunately the weather was warm (it was October), but what was I to do for food and water. I found some shrubs in front of a large house that at least hid me from prowling animals. As the desperation of my situation dawned on me, I began to cry. Some passing children, who quickly alerted everyone in the neighborhood, heard my cries.

Soon a man came out of the house with his dog. The dog was instantly aware of me, but I crouched under the bushes and so he ignored me. I stayed the whole night, alone and hungry, sleeping and crying. The next morning, the man and dog came out again and this time the man noticed me. He brought a bowl of milk with some dry food mixed in and set it near me. There was no way I would come out with him close, but after he went in with the dog, I came out and ate and drank. Wow, did that taste good even though it was not exactly what I was used to.


This continued for several days, because I still did not trust the man and least of all the dog because he would bark at me. The man built a crude house for me, but I preferred the friendly shrubs.

After a couple of days of this routine, women came out of the house to watch me drink my milk. She tried to call me and pet me but I really did not trust anyone yet. I started to expand my world and found if I went to the back of the house I could watch the dog, the man, and the women through the glass doors. The dog always rushed to the window to bark at me when he caught me watching, but I quickly realized he was all bark and no bite. The man put my food on the patio by the glass doors now, and I spent most of my time watching. He even left the doors open a bit so I could go in if I wanted to. Boy, did that make the dog (which I now knew to be named Muffin) mad. She would rush furiously at me barking madly.

My Mother had always taught me that cats rule, so I just stood my ground and Muffin would have to walk sheepishly away. At this point I allowed the man (named George) and the women (named Harriet) to pet me and I even decided to sleep in sometimes.



This is how I came to take charge of the household at 509 9th Ave., Wellman, Iowa and to this day you can see me there usually sitting in the front window. Oh, you wonder why my name is Angel. Well, it has nothing to do with my character, in fact, often quite the opposite. The 2 of them were talking one day about what to name the kitten (me). Harriet wanted to just call her "Kitty" but George said that would not be nearly important enough. He said, "We will call her Angel." You and I have had a lot of bad health in the last few years and God has sent an angel down from heaven to look after us!



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To
be
continued

The medical miracle

My experience with the miracle of medicine started in May of 2003 when I went to renew my driver's license. I had not experienced any problem with my eyes (except for cataracts in 2001 removed by laser surgery) so imagine my surprise when I could not see out of my right eye. They gave me the license because I had very good vision in my left eye.

I did nothing about it at the time because I simply did not want to be bothered. My life went on uneventful for the next 6 months. I rose about 6:00 a.m., walked around our town, which is about 3 miles, went to senior exercise class at 9:00 a.m. and did my normal activities the rest of the day. Sometimes I would double the walk or do another set of exercises on regular exercise equipment.

On October 22, 2003, I had my normal day and was relaxing in our basement watching TV. My wife called me to come quick, and, thinking she had fallen again, I rushed upstairs. There was no emergency; she just wanted me to talk to someone on the phone. I sat down and took the phone but the room started spinning around so fast, I only spoke a few words and handed her back the phone. I then sat there with my eyes closed trying to settle my senses.

The vertigo and nausea were so great that I thought I was dying, but since I really was not in pain, I was not too concerned. After sitting there for about 35 minutes, I got up and managed to make it to bed. For the next 3 days, I lay in bed barely able to make it to the bathroom, which was only a few feet away. When I did not seem to improve, we decided to see a doctor and went to the emergency room in Iowa City. There they gave me extensive tests including an MRI, thinking I had had some kind of stroke. They could find no evidence of it, so instead sent me home with an appointment with a Neurologist in a couple of weeks.

I spent the next few weeks almost an invalid but managed to learn to walk again though unsteady at times. The neurologist could find nothing wrong and referred me to another doctor. For the next 7 months I was shuttled from doctor to doctor, some of whom would not even express an opinion and one who was even rude to my wife. They took beautiful pictures of my brain but could find nothing and decided it must be nerve damage in the inner ear, which was causing my unsteady movements.

In my wandering doctor visits, I met one that thought he could help my blindness in my right eye. He gave me a laser treatment, which he hoped would stop the blood leakage behind the eye. After that there were more appointments with other doctors and more sophisticated tests, none of which did any good. In fact in a follow-up visit the doctor said there was nothing to be done and I might as well make up my mind to live with it. I sort of gave up at that point and tried to make the best of it.

I felt comfortable driving and was able to walk my normal distance and do exercises. One doctor thought possibly eye therapy would help, but since she never told me what it consisted of, that was not a help.

I then had another appointment with the laser surgeon and he prescribed another treatment, even though he would not guarantee it would help. My next appointment with him was 6 weeks later and when they checked my vision, they found my right eye was losing. Imagine our surprise when he recommended surgery on the eye. He said there was blood trapped behind the eye, which was pulling on the nerves and causing problems. There again he would not guarantee results, but since my eye was going in the wrong direction, my wife and I agreed to surgery. He radiated great confidence in himself and the other doctor who assisted him. The surgery went without a hitch. They kept me over night, and even with some pretty inept nursing, when they removed the bandages the next morning, I felt sure that they had succeeded. They say it might be 3 or 6 weeks before we know the overall results, but the vertigo and dizziness is already gone, and I feel eternally grateful that there is at least one doctor in the world who is not afraid to try and help people!

George Kisner

P. S. I told a friend this story and asked what he thought. He said that God is not finished with me yet and has more work for me to do here on earth! What a nice thought - that I might still be useful!

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THANK YOU!

THANK YOU TO WAUPACA NORTHWOODS

The City of Fertile wishes to thank Waupaca Northwoods for the black dirt that was donated to the City to fill holes that accrued when we jetted and camera the sewer system, and also for the white rock that was donated to place in front of the Memorial in William Rhodes Park to help keep the dirt from washing onto the base of the Memorial.

City of Fertile Mayor, Joyce Russell
City of Fertile City Council

Thank You

I would like to give a special "Thank You" to all the caring people that have touched my life since I was diagnosed with cancer. For all your cards, food, phone calls, gifts, trips to doctors and to the cancer center. Special thanks to Pastor Baalson, Pastor Merlin Norris, Pastor Curt Gallmeyer and Denny and Sharon Ganz for all your visits and prayers. God bless each and everyone of you for all your prayers and concerns. I'm so grateful to my great support from family and friends. I couldn't make it without you. Love You. Goldie Felland.

*Thank You to every one who made my retirement party so wonderful. Thanks for the cards, gifts, and good wishes. I'm looking forward to my new job as **Head Chef** of the Downtown Café. Al Ramon*

The Fertile Reminder Staff would like to say a big THANK YOU to Lois Anderson. She served for many years taking in the money for subscriptions and keeping track of them. This was no small job. It took many hours and a real dedication to the Reminder. Lois has moved to Texas to be close to her son David Anderson and family. We will miss her, but it is always good to have family near by.

The Reminder Staff,
Dolores, Evelyn, Ardis and Pat



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Dear Fertile Reminder,
To all my friends and relatives who remembered me with cards, kind words, gifts and love on my 90th birthday.

For me it was a special Day. Thanks to my children for making it all possible.

With love and God's blessings to all of you.
Doris Oswald

* * * * *

Dear Reminder,

A special note of thanks to you Ladies who put together a wonderful Fertile paper. It has a little of everything in it. Good work! Keep it coming.

Virgil & Ruth Ouverson



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JIM JAYES PUPPETEER & MAGICIAN

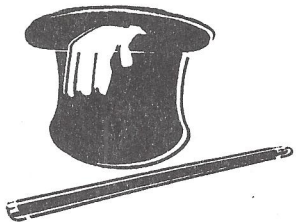
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SATURDAY, JULY 30, 10 am


Help us celebrate the end of another fun filled summer reading program.

Join us for some great family entertainment & root beer floats!

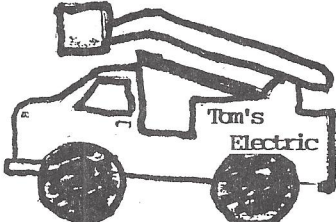
This entertainment has been provided by the Heartland Power Cooperative's Round Up program & Fertile Library Friends.



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COOK'S KORNER

I am in need of recipes. How about you cooks out there helping me out? Send your recipes to: Fertile Reminder, Box 62, Fertile, IA 50434.
Thank you to those who have sent recipes.

Kit Zirbel sent us this recipe that she tried that "Mr. Food" from KTTC-TV

CHOCOLATE-STUFFED FRENCH TOAST

1 loaf (1 pound) day-old French Bread
1 cup (6 oz) Milk Chocolate Chips
5 eggs
1 1/4 cups Milk

1/4 teaspoon ground cinnamon
1/4 teaspoon vanilla extract

Coat a 9x13 baking dish with nonstick cooking spray. Slice the bread into thick (1-1/2 inch) slices. Using a sharp small knife, cut a 2 inch slit horizontally in one side of each bread slice, cutting 3/4 of the way through, crating a pocket in each. Spoon 2 heaping teaspoons chocolate chips into the pocket of each bread slice; press to close. Place filled slices into the baking dish.

In a medium bowl, whisk together the eggs, milk, cinnamon, & vanilla. Pour mixture evenly over the bread, turning the pieces over to coat completely. Cover with plastic wrap and refrigerate for several hours or overnight.

Preheat oven to 400° F. Bake the stuffed bread, uncovered, for 20-25 minutes, or until golden brown. If used as a dessert, sprinkle with powdered sugar before serving.




>>>>>>>>>

Did you know . . . That, according to many food historians, "French toast" is named for Joseph French an Albany, NY, tavern-owner who is credited with crating the original egg-battered bread dish in 1742?

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TOP 10 THINGS LEARNED FROM GARDENING

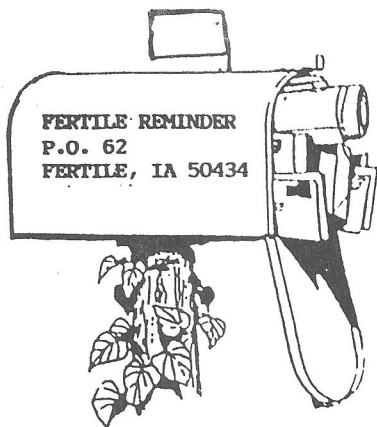
FROM ANOTHER SOURCE!

10. We really do "reap what we sow". Good seeds bear good fruit.
9. Without rains and storms there is no growth - no fruit is produced.
8. When weeding, be careful! We can't always tell the difference between a nasty weed and a beautiful flower.
7. Deep roots are a good thing. Without them, we'll wither and die.
6. Pruning and trimming, as painful as it seems, actually works to our advantage.
5. In gardening, as in life, cheating does not work. Short-cuts, slipshod efforts, and neglect always show up in the quality of our garden.
4. Like anything worthwhile, beautiful gardens require attention, hard work, and commitment.
3. We cannot rush the harvest. Bearing fruit takes time and patience. Premature fruit is almost always sour.
2. Gardening and growing is a lifetime experience. We can experience growth and beauty until the day we die.
1. Fertilizer happens! Learn to live with it, in fact, nothing much grows without it.

World capitals

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BERN	LIMA	RIGA
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BRUSSELS	LONDON	
CAIRO	MADRID	SAN JOS
CANBERRA	MOSCOW	SANTIAGO
CARACAS		SEOUL
	NAIROBI	SOFIA
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WORTH COUNTY PUBLIC HEALTH will hold Toenail Clinics on Thursday, August 25th at 11 AM and Monday, October 10th at 1 PM. Please call 797-2267 for an appointment. Cost is \$15.00.