

SPANISH RICE

Ingredients

- 2 lbs ground beef, browned and drained
- 2 onions, chopped
- 2 green peppers, chopped
- 28-ounce can diced tomatoes
- 8-ounce can tomato sauce
- 1 cup long-cooking rice, uncooked
- 1 cup water
- 2 1/2 tsp chili powder
- 2 1/2 tsp salt
- 2 tsp Worcestershire sauce

Directions

1. Combine all ingredients in a slow cooker; stir thoroughly.
2. Cover and cook on low setting for 6 to 8 hours, or on high setting for 3 to 4 hours.

Serves 6